



## **The urgency exists to prepare for security threats worldwide!**

**Training presented by U.S. special operations forces, law enforcement & emergency response experts.**

*Seapower Training* delivers innovative training that is essential for preparing individuals, teams, and organizations to succeed under critical, acute stress situations. We also specialize in advancing the cause of security and emergency response professionals—with the ultimate goal of saving lives and protecting property and vital infrastructure.

Through the following effective and powerful training courses, our team will help you learn how to:

### **Course #1 *Enhance Performance, Teamwork & Leadership in Critical Situations***

- excel in acute stress situations with a mindset of challenge and opportunity
- successfully control and manage natural fear instincts and acute stress
- increase situational awareness and hyper-clarity
- develop emotional toughness and a "no quit" spirit
- build more cohesive and resilient teams through trust and a shared sense of purpose

### **Course #2 *Protect Vulnerable Targets***

- prevail during life-saving events under time pressure
- identify threats and indicators: who, what, where, when, why and how
- develop and integrate pre-planned responses to wide-ranging critical incidents
- conduct comprehensive site security assessments to identify and lessen vulnerabilities
- promote more effective and efficient use of existing security resources

Regardless of occupation or endeavor, there are variations in how people respond to environmental stressors, including, but not limited to, threat, time pressure, task load, and group pressure. We live in a complex, unpredictable, and dangerous world with increased information processing demands that can narrow attention, eliminate important cues, and impair task performance.

*Seapower Training* combines the extensive experience, best practices, and lessons learned by top-level experts with empirical neuroscience research on enhancing human performance under acute stress—making our training meaningful, credible, and rewarding.

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